



Cressing Temple

# Tudor and Medieval Days

The Medieval Barns at Cressing Temple are the ideal environment for inspirational educational visits. The Barns date back to the early 13th century, a time when the site was owned by the mysterious Knights Templar. When you enter our Tudor Walled Garden you step back in time. The plants that grow here would have been available in the Tudor period.

Cressing Temple provides an exciting historical activity day in which a wide range of activities is provided for all abilities. These are tailored to the demands of the National Curriculum Key Stage 2 and 3. We are open to schools throughout term time and can accommodate 2-3 schools per day. All groups should book in advance.



## Tudor Day

Come and enjoy a day in our beautiful Medieval and Tudor buildings, exploring aspects of Tudor life and live like a Tudor for the day.

### Garden

In our Walled Garden discover the plants that were used for food, clothes, dye, household tasks and medicine.

### Kitchen

See what the Tudors ate and drank, how they preserved their food, how it was cooked and when it was available. Make your own Pomander to protect you from the plague.

### Classroom

Check your Tudor facts, learn some Tudor manners, practice your quill writing and Latin.

### Games

Join us in experiencing a range of Tudor leisure activities, maypole dancing, skittles, horseshoes and the maze. Also listen to a selection of Tudor music.

Meet our Falconer and our range of birds of prey, see them up close and watch them fly on Wednesday, Thursday & Friday from April – September.

# MEDIEVAL REALMS

choose up to 4 sessions from the following

## Garden

In the Walled Garden, learn how essential plants were used in Medieval life, for food, for medicine, in industry, for clothes and everyday uses. Wash your hands and clean your teeth with plants. In the kitchen explore the smells and tastes of Medieval times. Learn how to feed yourself from the hedges and byways.

## Armoury

In the magnificent barn, learn how to be a knight, feel the weight of the armour, study the weapons and understand the structure of society.

## Medieval Documents - Bias and Knowledge

Look at documents from the time, see the news, read the action, study the results.

## Barns and Architecture

Explore the site, look at how the site worked in Medieval times, the use of the buildings and equipment.

## Medieval Medicine

Visit the Apothecary and have your wounds and ailments treated. Experience the use of herbs and plants for medicinal benefits.

## Music and Dancing, Games or Birds of Prey.

We can tailor your day for KeyStage 2 or 3



### Tudor Costume Ideas

In order to make your day as enjoyable as possible, the following ideas for costumes may be useful:

For the boys a plain white long sleeved shirt, a sleeveless waistcoat or a body warmer, cut down trousers at the knee, or tucked into long socks.

For the girls, long full skirt, white shirt, bodice or waistcoat laced up the front and a small coif (hat) in white or cream material.

### Timings

Please arrive at 9.45am to allow time for an introduction to the site and for the first session to begin at 10.15am. Lunch will be at 12.15pm and will take place in the Barn or outside in the grounds if the weather is fine.

The day will finish at 2pm although you are very welcome to stay on site if you wish. The timetable is enclosed in this document. Additional helpers are essential as the ratio is one adult to every 10 children (1:15) for the older children.

### Supervision

All school groups must be supervised adequately at all times by teachers or accompanying adults. The ratio is one adult to every 10 children and one to fifteen for key stage 3.

Although we try to ensure that all visitors enjoy the site safely, Cressing Temple staff are not responsible for the supervision of children visiting the site.

# GIFT SHOP

There will also be the opportunity to purchase pocket money priced souvenirs of your visit.

The Crossing Temple shop stocks a wide variety of Souvenirs and the children enjoy

We offer a goody bag service supplying a selection of souvenirs for £2.50/£3/£5.



## Booking Information

Our team has tailored a number of days for schools including habitat, St George, Great Fire of London, Robin Hood, archaeology and dinosaur days. Please contact us to discuss your requirements.

The cost per child is £8.75, with the appropriate number of accompanying adults free of charge. Payment can be made by cheque, cash or credit card on the day. Alternatively the amount can be invoiced or a Journal Transfer raised if you prefer. Cheques should be made payable to Essex County Council.

Booking and enquiries are dealt with by the Events Team and can be made by phone or in person. A booking form will be completed and a copy sent to the school for reference.

Your coach can drop the children off just outside the visitor centre where our staff will be waiting to escort you to the Barns.

We offer a free preliminary visit for teachers which will provide the opportunity to exchange information about the site and the particular needs of your class.

FINALLY, we hope you enjoy your day with us. Feedback is always welcome so please contact Crossing Temple on 01376 584903 if you have any comments.

[www.cressing.temple@essex.gov.uk](mailto:www.cressing.temple@essex.gov.uk)

